

Munch A Bunch Snack Mix

Ingredients

- 5 cups bite-size crispy corn and rice cereal
- 2 cups chow mein noodles
- 1 cup honey roasted peanuts
- 1/4 cup (1/2 stick) butter or margarine
- 1 tablespoon soy sauce
- 1 teaspoon seasoned salt
- 1 cup golden or dark raisins

Directions

1. Preheat oven to 350°F. In **Rectangular Baker**, combine cereal, chow mein noodles and peanuts using **Mix 'N Scraper®**.
2. Place butter in **Small Micro-Cooker®**. Microwave on HIGH 1 minute or until melted. Stir in soy sauce and seasoned salt.
3. Pour butter mixture over cereal mixture and gently stir with scraper until cereal mixture is evenly coated.
4. Bake 15 minutes. Using **Oven Mitts**, remove Baker to **Stackable Cooling Rack**.
5. Gently stir raisins into cereal mixture. Cool completely. Store in airtight container.



Yield:

- 9 cups
18 servings of 1/2 cup

Nutrients per serving:

Approximately 170 calories and 7 grams of fat

Cook's Tips:

Did you know both golden raisins and dark raisins are grapes that have been dried either naturally by the sun or by artificial heat? If you don't like raisins much, just leave them out.