

FIT

DIRECTIONS: Adults mix one packet with 8-10 ounces of water daily, preferably in the morning.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (1) SACHET (6.89g)

Servings per container: (30)

Amount per serving		%DV
Vitamin D (as Cholecalciferol)	25mcg	125%
Vitamin B6 (as Pyridoxal 5'Phosphate)	5mcg	294%
Vitamin B12 (as Methylcobalamin)	500mcg	2083%
Magnesium (as Magnesium Glycinate)	100mcg	25%

Metabolic Matrix Technology	3020.5mcg	+
------------------------------------	-----------	---

Peptistrong PLUS (Fava Bean-Vacia Faba- Hydrolysate Peptide, Magnesium Glycinate, Nicotinamide Riboside Chloride, Pyridoxal 5'-Phosphosphate, Methylcobalamin, Cholecalciferol

Natural Caffeine (from Green Coffee Bean Extract)	100mcg	+
---	--------	---

+ Percent Daily Values (DV) are based on 2,000 calorie diet, + Daily Value (DV) not established

Other Ingredients: Citric Acid, natural Orange Flavor, Beta Carotene (color), Steviol Glycosides Reb M, Guar Gum, Sunflower Lecithin

Contains: Fava Bean Protein

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790

LEAN

DIRECTIONS: Adults (2) capsules with water daily.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (2) Capsules

Servings per container: (30)

Amount per serving

%DV

Apticurb Trimfast Complex

1130mg

+

Saccharomyces cerevisiae peptide hydrolysate, Grapefruit extracts (Citrus grandis (L.) Osbeck, Citrus paradisi Macfad), Orange extract (Citrus sinesis (L.) Osbeck) and Guarana extract (Paullina cupana Kunth)

+ Daily Value (DV) not established

Other Ingredients: Hypromellose (HPMC) vegetable capsule, Curcumin (color)

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790

HYDRATED

DIRECTIONS: Adults mix one packet with 8-10 ounces of water daily.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (1) SACHET (3.93g)

Servings per container: (30)

Amount per serving		%DV
Magnesium	40mg	10%
Chloride	410mg	18%
Sodium	100mg	4%
Potassium	150mg	3%

SolarSea Sport AC	1,000mg	+
Glycine	1,000mg	+
Coconut Water Powder	500mg	+

+ Percent Daily Values (DV) are based on 2,000 calorie diet, + Daily Value (DV) not established

Other Ingredients: Citric Acid, natural Grapefruit flavor, Bamboo Silica, Steviol Glycosides Reb M,

Contains: Coconut

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790

ENERGIZED

DIRECTIONS: Adults mix one packet with 8-10 ounces of water daily.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (1) SACHET (2.78g)

Servings per container: (30)

Amount per serving	%DV
Caffeine (from Whole Coffee Fruit Extract)	100mg +

Balanced Energy Blend	1350mg +
------------------------------	----------

Fatigue Fighter Peptides (Hydrolyzed whey peptide isolate, L-Leucine, Phosphoric Acid, L-Tyrosine, L-Isoleucine, L-Valine, L-Phenylalanine), Ginseng peptide, Whole Coffee Fruit Extract

+ Daily Value (DV) not established

Other Ingredients: Citric Acid, natural raspberry flavor, Steviol Glycosides Reb M, Malic acid, Blue Spirulina (color), Sunflower Lecithin.

Contains: Milk ** Lactose free

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790

CALM

DIRECTIONS: Adults pour contents of one stick pack onto your tongue, let dissolve and swallow. Drink water after if needed. Best if taken in the evening before bedtime.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (1) SACHET (2.53g)

Servings per container: (30)

Amount per serving		%DV
Sensoril Ashwagandha (Withania Somnifera)	125mg	+
Lemon Balm Extract (Melissa officinalis)	50mg	+
GABA (Gamma Amino Butyric Acid)	50mg	+
L-theanine	50mg	+

+ Daily Value (DV) not established

Other Ingredients: Allulose, Natural Lemon Flavor, Citric Acid, Steviol Glycosides Reb M.

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790

FOCUSED

DIRECTIONS: Adults take (1) capsule with water daily.

Please consult your physician if you are pregnant, breastfeeding, have a medical condition, or taking other medications. Keep out of reach of children

SUPPLEMENT FACTS

Serving Size: (1) Capsule

Servings per container: (30)

Amount per serving		%DV
Lutein	10mg	+
Cognifocus Power Blend	480mg	+

Bacopa Monnieri extract (20%), Ginkgo peptides, Phosphatidylserine (60% from Sunflower), Lutein/Zeaxanthin (from Marigold Extract)

+ Daily Value (DV) not established

Other Ingredients: Hypromellose (HPMC) vegetable capsule, Bamboo Silica, Red Carrot (color)

DISTRIBUTED BY: MAKE Wellness, LLC 169 W 2710 S Circle, Suite 202A, St. George, Utah 84790