

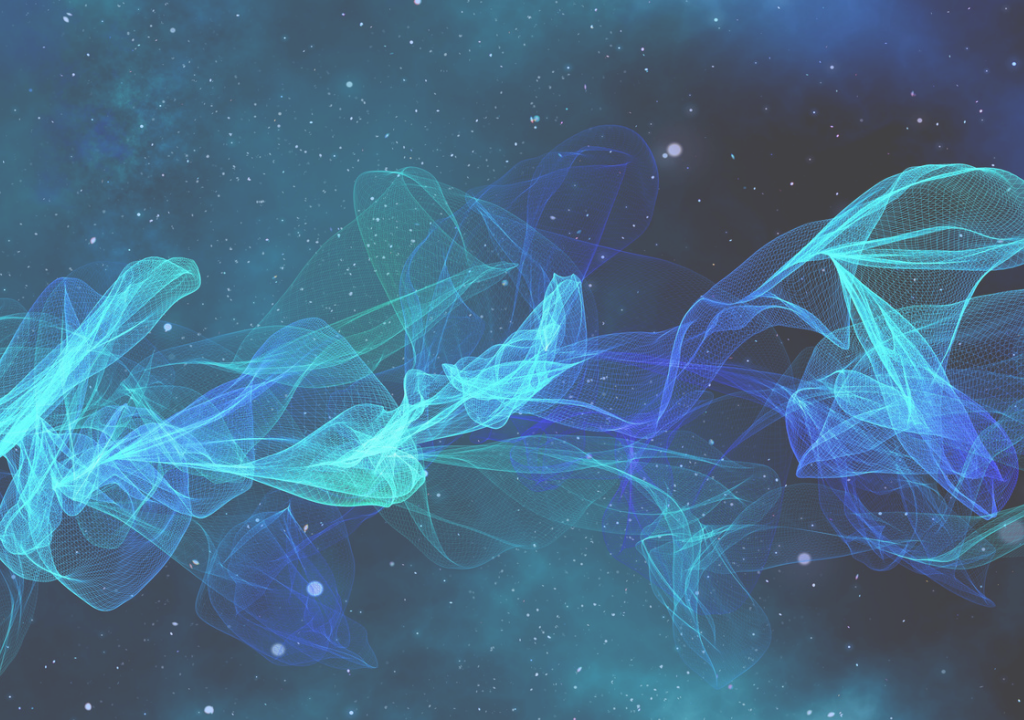
Empathic Mamahood Presents



Basics of Healy Frequency Device

An intro to Frequency Medicine with
your Healy device

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NOTICE

Healy is designed to harmonize your bioenergetic field and enhance recovery, vitality and wellbeing, not to cure, treat, mitigate, diagnose or prevent disease. The information on these pages is for reference and educational purposes only. It should not be treated as a substitute for professional medical advice, diagnosis, or treatment. You should always seek such medical advice from a qualified medical professional.

WHAT IS FREQUENCY?

Frequency is the measurement of energy. It is defined as a measurable rate of electrical energy that is constant between any two points. All matter has energy; a table, an apple, your body (including the individual organs, emotions, aches/pains, traumas). Take your skin for example. Your largest organ, your skin is made up of cells, which are made up of organelle, which are further made up of molecules, which are made of atoms, and those atoms are made up of sub atomic particles, and there's space between those particles that allows for vibration and movement. Frequency, more specifically, is the measurement of energy vibrating specific information.

At the core of everything is information. First step in communicating information is to share it with energy. So the information "speaks" to the energy by putting the energy into a vibrating state. This vibrating state is called frequency. It's the frequency that connects everything to everything else. When there is frequency, there is electromagnetic potential.

We are being influenced by the magnetic action (or attraction) of the frequencies that surround us every day and these frequencies influence of state of well-being by impacting our physical and energetic bodies. Nicola Tesla said that if you wish to understand the Universe, think of Energy, Frequency, and Vibration. Everything in the universe has a vibrating frequency, properly called a resonant frequency.

What is Frequency Medicine?

A non-invasive, drug free, pain-free and surgery-free therapeutic tool that utilizes vibrational frequencies of the human bio field to bring harmonization and healing to the individual. In the past 100 years (primarily) medicine and healthcare has shifted into the area of the biochemical treatment of the body. This is how most doctors and healthcare workers are trained. Just ask any doc out

frequency examples

Canned food	0 MHz
Big Mac	5 MHz
Flus/colds	start at 52-60 MHz
Healthy humans	62-72 MHz
Rose essential oil	320 MHz
The emotion of joy	450 MHz

there about how they were trained in the biochemical model and how most people are taken care of with pharmaceuticals. This method of caring for the physical body is basically looking at how to manage the body on a biochemical level. But there's so much more to how the body works than a biochemical model. Infact that is NOT how the body works. When we truly look at the body it is not biochemical at all, it's electrical. And when we shift and we start to work with the electrical foundations of the body, we see people are able to create real, radiant health within them.

How Can Frequency Medicine via the Healy Support You, Your Loved Ones and/or Clients?

- First line of defense for your family, friends and clients.
- Empowerment within the walls of your home or practice. Not having to leave the house for appointments to practitioners.
- Unleveling your existing health routine.
- Brings deep transformative support to the physical and energetic bodies.
- A powerful addition to your practitioner tool box!

Who Invented the Healy?

The Healy and TimeWaver products were invented and developed by quantum physicist, Marcus Schmiede. Born in 1966, he also founded the Institute for Applied Consciousness Research (IACR).

WHAT IS HEALY?

The Healy is a bioresonance device, similar to a Rife machine, that harnesses the healing energy of frequencies. It is a lightweight, wearable, holistic device that merges health, science, technology and spirituality.

This small, wearable, holistic device helps with various physical ailments, such as acute & chronic pain, fibromyalgia, arthritic conditions, skeletal pain, migraines, muscle recovery, etc. It is also used as an alternative, complementary therapy for depression and anxiety. Healy's products are wearable medical devices complemented with wristbands, ear clamps, or electrodes placed on the body and have already been F.D.A. approved. But Healy goes even deeper than the physical level. Healy also has non-medical applications that use Individualized Micro current Frequencies (IMF) to harmonize your bioenergetic field.

The Healy analyzes over 9 million frequencies and selects the ones you need to harmonize your Bioenergetic Field. It can scan and analyze the frequency of the individual to stimulate the work of various cells in the body. Then, using a selected frequency program, the Healy sends them to you to bring the cellular function back to normal levels.

So How Does the Healy Work?

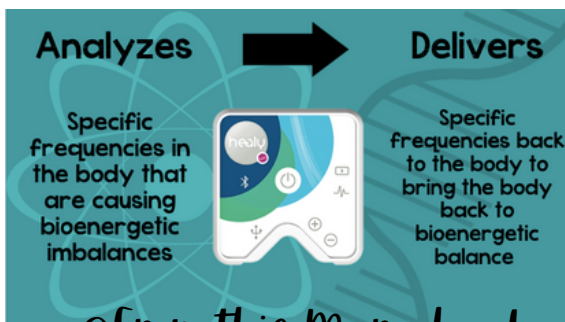
The Healy device brings harmonization of your bioenergetic field with individualized micro-current frequencies or scalar waves (depending on what mode you're using the Healy in). The Healy is connected to the frequencies and frequency programs via the Healy Apps, which send the appropriate program into the device itself. The Healy analyzes the specific frequencies of your body and then identifies the one(s) causing bioenergetic imbalances. It then delivers specific

frequencies back into the body. These frequencies help bring the body back into bioenergetic balance, restoring the bodies ability to self heal.

Does Healy Work at a Distance?

Yes! The Healy can be used remotely, which allows one to utilize the device on others from a distance. Just like you can tune into a radio station far from the originating signals being broadcast, in a similar way that you can connect over phone or video across the world, the Healy can tune into others bioenergetic fields from a distance. How is this possible? The Healy contains a mechanism called a "quantum sensor" which in short, creates scalar fields/waves. The scalar fields are what allow the quantum sensor to break through the time/space restrictions. In the science of quantum mechanics, a branch of physics, there is a theory called quantum entanglement. This theory explains, that in the realm of frequencies and energy, there is no considerable difference between point A and point B. In this case, it means there's no distinction between the distance from the physical Healy and you.

Once you have gained permission and connected your (or the person at a distance's) unique energetic frequency (like an energetic fingerprint) into the Healy, you can perform and run Healy sessions on an individual from a distance. This recording of the individuals energetic finger print links the Healy in like a car to its unique key fob. And just like your fob doesn't unlock every car, the Healy only connects to that specific energy once selected (rather than everything between you and the Healy).



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WHAT IS THE HUMAN BIOENERGETIC FIELD?

What is the human bio field?

The visual representation of your electromagnetic field composed of many layers (as seen in the photo) with each layer representing a different part of your consciousness.

Created by all your conscious/unconscious feelings and thoughts, the state of your physical/emotional/spiritual health, as well as any energies flowing through your physical body.

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The bioenergetic field (or biofield) is the area of energy and information that surrounds and interpenetrates the human body. These various fields are produced by ions, molecules, and cells make up the complex human system capable of immense electromagnetic capabilities.

We humans are bio-electrical beings living on an electrical planet. Our bodies function electrically. Our heart, brains, and lungs literally send electrical signals through our nervous systems to aide us in pumping blood, moving, and breathing. Your every perception, movement, and thought are governed by electricity. This bio-electricity is how our cells communicate with each other. We can see this when looking at an EEG (an electrophysiological monitoring method that records electrical activity of the brain) and the EKG (a graph of voltage vs. time of the electrical activity of the heart using electrodes placed on the skin).

So because we are bioelectric beings, frequencies can be used to heal... because our brains, nervous systems, hearts, lungs, etc. function electronically. And by this nature, we can use frequencies to support the body into balance.

Physical Benefits

Increases ATP production by up to 500% This increases the energy of the body

Increases amino acid transportation up to 40%

Increases protein synthesis by up to 70%



Is the Healy Similar to a Rife Machine or TimeWaver Device?

Yes! Except that the TimeWaver and the Rife are large machines used by trained therapists to give clients a frequency therapy session during an in person session... where Healy is a small, portable version that can be used by myself. I like to think of the TimeWaver and Rife vs. the Healy with this analogy: The Rife/TimeWaver are like the mother ship. They are powerful and can function in many ways but they are cumbersome and need a trained person to operate them. The Healy is like a pod coming off the mothership, much easier to control, can go places the bigger mother ship cannot, yet it can still do powerful things! They are both amazing tools and each serves their purpose!

The Healy contains a Quantum Sensor, a device that creates what's referred to as scalar waves. These allow the sensor to measure your unique bioenergetic field and from that, send you micro-currents and frequencies identical to those in your body, bringing balance to your bioenergetic and physical bodies! TimeWaver and Rife frequency therapists can also upload specific automation to your Healy device and you can run customized programs through your Healy as well!



A note for those new to frequency or energy medicine,

I want to make you aware that, if you're not accustomed to energy work/frequency healing, that working with healing chakras and frequencies to support balance in the body can really "stir up" your energy and emotions – which means that in the hours-days following your first Healy experiences, you may also experience ups and downs, both physically and emotionally as your body assimilates and gets used to the energy.

To further explain, think of a dietary detox: if you change to eating healthy food and drink (and your body isn't used to that sort of sustenance), after a few days your body will start to expel the toxins accumulated from the old "bad" diet and replace it with good nourishment from your new diet. During your dietary detox, you might not feel that well (as a matter of fact, you might feel very ill) – but you know it will pass and you'll be all the better for it once you've done it.

This is pretty much what happens to the body on an energetic level when one performs energy work such as frequency medicine. Whether you're using the Healy on yourself or others – whether it's a minor or major detox event– the cleansing effect will indeed happen, on some level or another. For example, some might cry, laugh or feel great peace for no "apparent" reason; while others may not experience any feelings, but instead get extremely tired or even wired!

This is normal and part of becoming used to the frequencies and the energy working with and around your biofield.

When using the Healy at a distance or after physically disconnecting with the device you may experience sensations as the frequencies settle into your energy bodies and physical tissues. This can feel like:

- buzzing or tingling or numbing sensations
- lightheadedness
- feeling energized or wired
- getting into a flow state or super concentration mode
- warmth or cooling sensations
- heat coming from the hands
- pulse increasing

What a frequency hangover/detox can feel like:

- emotional release (laughing or crying)
- Sweating or purging water
- purging parasites
- headaches
- jitters
- tiredness

But there are some steps you can implement that will substantially help lessen this or halt it from happening all together!

How to avoid a frequency hangover/detox:

- Ground your energy before using the Healy
- Use a max of 3 programs a day to start
- Start with the gold or bioenergetic support programs for the first 7-14 days before moving onto other programs
- Avoid using the Healy right before bed until you know how the Healy affects you, as for some it energizes them too much for nighttime usage.
- Make sure you drink lots of extra water leading up to and when using your Healy!
- You'll also want to get your body (withOUT the Healy connected to you physically) in the water in some way during the 1st 24 hours of use. Taking a shower or a salt bath, going to the beach, or even running your hands or feet under warm water works!
- Eating foods high in water content is helpful too!

Water is so important.

The human body is 60–75% water. Water is HIGHLY susceptible to changes in frequencies in and out of your body. Nature's healing coherent frequencies create perfect molecular geometric shapes in water. Structured water- water that hasn't had its molecular structure disrupted- is what accounts for the instantaneous transfer of signals and other biological information in our bodies. The organizer repeating patten in the water provides an efficient pathway for the smooth flow of energetic information. And this is so important for the Healy working properly because scalar fields have a strong affinity for water and with our bodies being such a large percentage of water, the water in our bodies picks up the frequencies.

The better hydrated your body is and you remain through using the Healy, the better the Healy can help you.

3 ways to use your Healy

Local or Contact

Adhesive electrodes are used in the field of micro-current therapy. For pain, the two adhesive electrodes are placed so that the current flows through the center of the treatment area. For other local uses, electrodes can be placed on a larger muscle, such as the shoulders, forearms, or lower back.

Place the electrode on the corresponding skin area.

- chronic pain
- chronic back pain
- Migraine
- Joint Local
- Depression
- Insomnia
- Anxiety



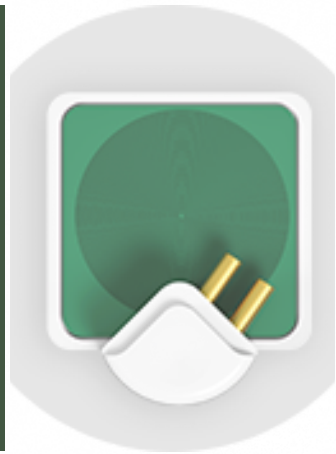
Wrist Bands and Coil

INDIVIDUALIZED MICROCURRENT FREQUENCIES (IMF)

The Healy is using IMF frequencies in the "pink dot" app by gently sending an electric signal through the Healy and it can help to charge up the precious batteries in the cells.

The Resonance Effects of the frequencies are used on tissues and conditions to reduce symptoms and improve health.

There is no shock involved, and most people do not feel anything although a slight vibration sensation is possible.



Distantly

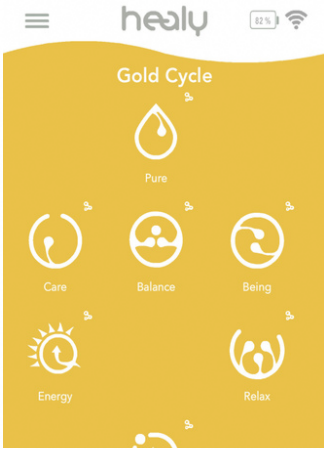
Scalar Waves: also referred to as longitudinal waves or Tesla waves)

- Maximize nutrient uptake and cellular detoxification.
- Increase mental focus and brainwave coherence.
- Catalyze heightened states of awareness and creativity.
- Travel faster than the speed of light.
- Are thought to trigger a positive increase in immune function.
- Promote higher levels of cellular energy.
- Clear negative cellular memory.
- Counteract harmful EMFs.
- Promote healing and regeneration.



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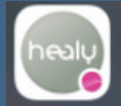
Operating your Healy - The Apps



Pink Dot App

The Healy Pink Dot App sends specific micro-current Frequencies programs. This is often used in local/contact mode.

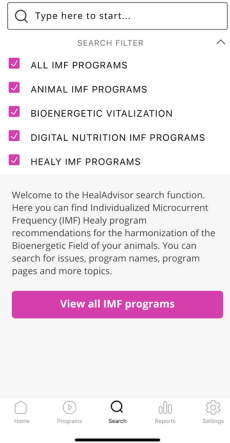
Contains individual frequency programs. Contains an area to upload personalized frequency programs (expert programs you can have created for you by a Timewaver or rife practitioner)



Heal Advisor App

The Heal Advisor App allows you to search a specific topic, such as migraine, and be guided to frequency program suggestions.

With the HealAdvisor Search module you can quickly find suitable Individualized Micro-current Frequency (IMF) Healy programs for harmonization of your Bio-energetic Field from within the large expert knowledge pool of the HealAdvisor Cloud.

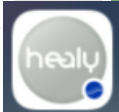
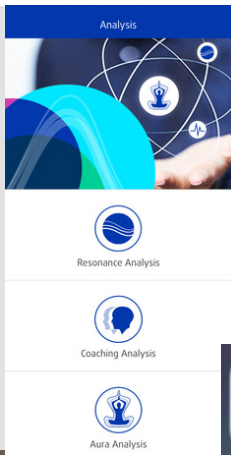


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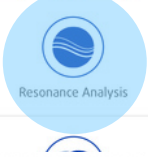
Blue Dot App

The Healy Blue Dot App scans and vibrates scaler waves using quantum vibrational therapy. It also contains an aura/chakra scanner and coach module (depending on the model).

This app is designed to analyze and optimize the information field with the help of the databases I-ching, Schuessler Salts, Alaskan Gem Elixirs, Australian Bush Flowers, Creative Homeopathy - Psyche, Bach Flower Remedies, and Healy program groups.



4 Ways to choose Healy programs



Resonance Scan

- Using the Blue Dot App (the Heal Advisor Analysis App) you can scan the bioenergetic field and have programs suggested to you that you or your client need most in that moment.

Intuitive Choice

- Allow your intuition, or your gut, to guide you to find the program you most need. You could also use muscle testing or dousing/pendulum to choose the program best for you.



Resonance Analysis



Coaching Analysis



Aura Analysis

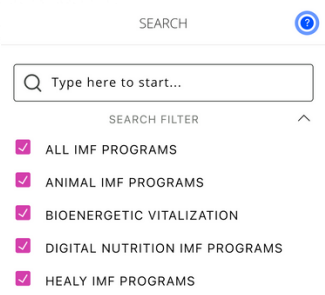
Coach Module

- Use the Coach Module, in the blue dot app, to dig deep, going past the conscious mind, to focus on expanding and cutting cords to help you heal the deepest spaces!

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Heal Advisor Search App

- Looking for the right program for a specific topic? Search, for example "anxiety" and the Heal Advisor will show the programs that can help with that topic!



Starting a Session with your Healy

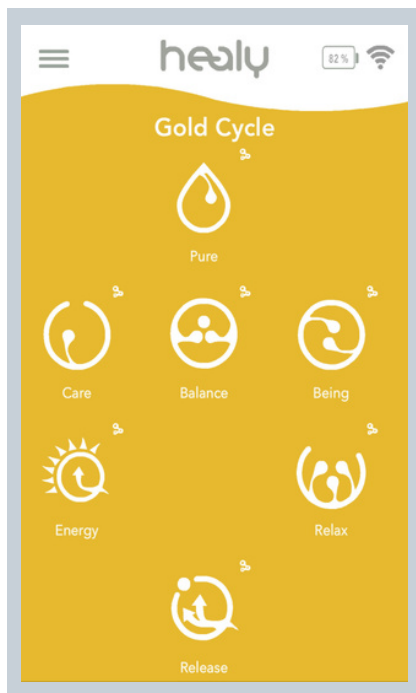
Start with the Gold Cycle Programs!

- We recommend that for the first 7-14 days you stick with the gold cycle so that your body can get accustomed to the frequencies.
- Energy is one of our favorite programs to use as moms; it provides a gentle but powerful boost of energy!
- Balance is another great one for moms to prevent or help subside mom burnout or sensory overload!

Watch a short tutorial on the pink app/gold cycle [HERE!](#)

Gold Cycle Program Descriptions

- **Pure:** The Pure program is the ideal starting point for anyone using the Healy App frequency programs for the first time. It is designed to help your body's energy field to recover from the bioenergetic effects of environmental factors.
- **Care:** A weakened bioenergetic field is frequently associated with poor health. Strengthening your energy field through appropriate exercise, healthy nutrition and pure water, and restoring bioenergetic harmony are all ways of caring for your inner and outer health.
- **Balance:** The fine balance of the various bodily systems is very important for our wellbeing and health. The Balance program refers to bioenergetic harmony. It is an ideal program for a deep bioenergetic harmonization of the body's overall energy field.
- **Being:** What the program Balance is for the body, Being is for our soul. It is designed to help you remain centered during life's turmoil.



- **Energy:** Performance needs support. Whether you are a well-trained competitive athlete, a stressed-out manager or a busy mother, Energy increases your ability respond to life's demands.
- **Relax:** Relax stands for harmonizing your stress response. Stress can be both the result and the cause of imbalances in the mind and body that can undermine your health and wellbeing. Modern life keeps many of us from letting go of our daily sorrows and stress, so support for you in this area can help you restore your sense of balance.
- **Release:** There are many different causes of discomfort. In this program you work systemically to address the energetic source of the discomfort in the bioenergetic field.



HELLO THERE!

I am Robyn Grogitsky-Ramirez. I am a mother and wife (my favorite roles in life!) as well as an intuitive energy healer, Advanced Reiki Master Teacher and Practitioner, Emotion Code Practitioner, Empath Coach/Teacher, Nutritionist, and Team Manager with Healy World.

You may be familiar with me from Instagram ([@empathic_mamahood](#)) or my interview with in the Highly Sensitive Child Summit of 2022. I spoke about activating the healer inside of yourself as a parent to help heal your child and how I have personally done this through energy work, such as Reiki. Through my journey as a mother, an empath, and medical mama, I have ignited the healer within myself to take the drivers seat back in our family's health. Healy has the ability to fast track you to becoming a healer for you and your family as well!

Activating the healer within yourself is life changing!

Through working with Healy, my courses and my services, I hope you and your family will join me in learning about how you can help yourself heal, how you can help your children heal while helping them learn to be their best selves, and how to learn to transform their (and your) abilities to develop them into their (and your) greatest superpowers! Thank you so much for allowing me to guide you on the basics of Healy and frequency medicine!

Love and healing light,
Robyn Grogitsky-Ramirez