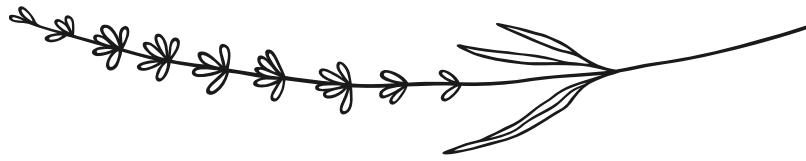


# Diffusermischungen



FÜR DEIN FAMILY & HOME ESSENTIALS KIT

## **Immunsystem**

2 Tr. On Guard & 3 Tr. Lemon  
1 Tr. Tea Tree, 2 Tr. Frankincense, 3 Tr. Lemon  
1 Tr. Oregano, 3 Tr. On Guard, 3 Tr. Lemon  
4 Tr. Lemon & 2 Tr. Tea Tree

## **Atemwege**

2 Tr. Air & 3 Tr. Lemon  
1 Tr. Tea Tree, 3 Tr. Lemon, 2 Tr. Air  
3 Tr. Air & 2 Tr. Frankincense  
3 Tr. Peppermint, 3 Tr. Lemon, 2 Tr. Tea Tree  
3 Tr. Lemon, 2 Tr. Lavender, 1 Tr. Peppermint  
3 Tr. Zengest & 3 Tr. Lemon

## **Schlaf & Entspannung**

2 Tr. Air & 3 Tr. Lavender  
3 Tr. Lavender & 2 Tr. Frankincense  
4 Tr. Lavender & 2 Tr. Lemon

## **Motivation & gute Stimmung**

3 Tr. Lemon & 2 Tr. Peppermint  
2 Tr. Frankincense & 3 Tr. Peppermint  
2 Tr. Peppermint, 2 Tr. Frankincens, 3 Tr. Lemon  
4 Tr. Lemon & 2 Tr. Frankincense

## **Pollenzeit**

2 Tr. Lavender, 3 Tr. Lemon, 2 Tr. Peppermint  
2 Tr. Air, 2 Tr. Lavender, 2 Tr. Lemon

## **Energetische Abgrenzung**

3 Tr. On Guard & 3 Tr. Tea Tree

*Die Tropfenmenge kann nach Zimmergröße & persönlichem Empfinden variieren :)*

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