

**MAKE**<sup>TM</sup>

WELLNESSES

BETTER HEALTH THE BUILDING  
BLOCKS OF  
**MAKE**

**CLEAN SLATE**  
NEVER LIST

SAFE. EFFECTIVE. ELEVATED.

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## MAKE WELLNESS // OUR “CLEAN SLATE” PHILOSOPHY

AT THE CORE OF OUR COMMITMENT TO WELLNESS IS THE CLEAN SLATE INGREDIENT PHILOSOPHY, A STRINGENT SET OF GUIDELINES THAT ENSURES OUR SUPPLEMENTS ARE FREE FROM HARMFUL INGREDIENTS. IN TODAY’S WELLNESS LANDSCAPE, WHERE TRANSPARENCY AND SAFETY ARE PARAMOUNT, WE UNDERSTAND THE IMPORTANCE OF KNOWING EXACTLY WHAT GOES INTO YOUR BODY. OUR LIST REFLECTS A DEDICATION TO PURITY AND HEALTH, PROVIDING PEACE OF MIND THAT EACH PRODUCT IS CRAFTED WITH ONLY THE BEST, LEAVING OUT ANYTHING THAT COULD COMPROMISE YOUR WELL-BEING.

Acesulfame-K	Mercury and Mercury Containing Compounds
Albumin	Methylisothiazolinone
Aluminum	Mineral Oil
Aristolochic Acid (Aristolochia)	Nitrosamines
Artificial Colors	Non-methylated forms of folate and B12
Artificial Flavors	Octonoxate
Aspartame	Organ Extracts
Avobenzene	Oxybenzone
Bentonite	Parabens
BHA and BHT	Partially Hydrogenated Fats
Bitter Orange (Synephrine)	Pennyroyal Oil (Hedeoma Pulegioides)
Bovine gelatin	Petroleum Derivatives
Cadmium	Placental Extracts
Chaparral (Larrea Divaricata)	Phthalates
Comfrey (Symphytum Officinalis, S. asperum, and S.X uplandicum)	Polyethylene Glycol
Cyclomethicone	Propylene Glycol
Dimethicone	Quaternium-15
DMDM Hydantoin	Resorcinol
Ephedrine alkaloids, including ephedra and ephedrine (Ma Huang)	Saccharine
Ethanolamines	Seed oils
Ethylene Oxide	Siloxanes
Formaldehyde	Sorbitol
Genetically Modified Material (GMO)	Sucralose
Germander (Teucrium Chamaedrys)	Sulfates
Glandular Extracts	Synthetic Dyes
Hydroquinone	Synthetic Fragrances
Imidazolidinyl Urea	Synthetic Tryptophan
Irradiated Material	Tiratricol (also known as triiodothyroacetic acid or TRIAC)
Kaolin	Toluene
Kava (Piper Methysticum)	Triclocarban
Laureth (ethoxylated), or PEG	Triclosan
Lead and other Heavy Metals	Transfats
Lobelia (Lobelia Inflata)	Xylitol
Maltodextrin	Yohimbe (Pausinystalia Yohimbe)