

Business Profile



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My Mission & Vision



I look forward to partnering with people who want to help shift this paradigm with their mission and services. I am here to alleviate your mind from the technology side of your business. I am great at understanding systems, organizing, finding ways to automate your business, and being as efficient as possible! I also love creating for you business, read below!

Together we can create a beautiful flow in your business. Creating more abundance, free time, and creativity in your life!



Erika Hicks, Fly High Virtually



I am a millennial who loves finding new technology to make my day-to-day life more flowing! I love automation in all areas -- finances, business practices, social media, etc. I have worked as a front desk manager at a chiropractic office, insurance brokerage & many more! I have created detox programs/courses, pamphlets, e-books, and freebies and have helped facilitate 6-week coaching sessions online and in-person. I received my painting degree from Colorado State University where I also learned graphic design. I love creating website design & updating as well as digital, e-books, freebies, and on Canva!

When I am not helping inspiring people, I love being outside in nature!! Whether I'm camping in my rooftop tent or snowboarding in fresh powder, Nature heals and I love collecting Her negative ions. I prioritize movement and meditation on a daily basis. Traveling and experiencing different cultures is also a passion of mine. I love helping raise the Earth's frequency by spreading my optimism on social media, and by simply living my Light.



Skills & Experience Offered

- Administrative Support
- Calendar Management
- & Scheduling
- Email Inbox Management & Organization
- Data Entry, Record Keeping & Invoicing
- Electronic Filing & Organization
- CRM & Project
 Management Tool Setup

- Graphic Design & Canva
- Make Workbooks or
- F-Books
- Online Course Platform Setup
- Masterclasses
- Zoom Admin
- Web Class Presentations

- Blog Writing or Editing
- Newsletter Creation & Management
- Graphic Design for Social Media or Marketing Materials
- Website Updates & Maintenance
- Website Building

How This Works

- You get me in your business for 5/10/15/20 hours per month to use as you see fit.
- Please note as a retainer this is a 3-month contract with a 1-month test services available.

Connect

We will decide the best platform for both of us but our options are:

- Facebook Messenger
- Telegram
- Email
- Zoom

Investment

HOURLY \$55

5 HOURS / MONTH

\$260

10 HOURS /MONTH

\$500

15 HOURS /MONTH

\$720

20 HOURS / MONTH

\$900



Platforms & Systems I've Mastered

- Asana, Trello, Slack, Discord
- Zoom, Google Meet
- WordPress,
 Squarespace, Wix, Go
 Daddy, Weebly
- Kajabi, Teachable, Skool, Podia
- Google Workspace,
 DropBox
- Click Funnels, Convert
 Kit, Mail Chimp, Flodesk

- Canva
- Google Docs
- Microsoft
 PowerPoint, Google
 Slides
- LastPass
- Quickbooks, Wave, Honeybook, Monarch

Investment

HOURLY \$55
5 HOURS /MONTH
\$260
10 HOURS /MONTH
\$500

\$720

15 HOURS /MONTH

20 HOURS /MONTH \$900

Specialties: Website

more packages for my offer

KEEP YOUR WEBSITE FRESH, FUNCTIONAL, AND ALIGNED WITH YOUR BUSINESS GOALS WITH MY TAILORED WEBSITE SERVICES. WHETHER YOU NEED A FULL REDESIGN, SIMPLE UPDATES, OR ONGOING MAINTENANCE, I OFFER FLEXIBLE PACKAGES THAT SUIT YOUR NEEDS.

THESE SERVICES ARE AVAILABLE AS A STANDALONE OPTION OR CAN BE PAIRED WITH A RETAINER FOR ONGOING SUPPORT AND UPDATES, KEEPING YOUR WEBSITE IN TOP SHAPE WITHOUT THE HASSLE. LET'S MAKE SURE YOUR WEBSITE IS ALWAYS PERFORMING AT ITS BEST!



WEBSITE

I'll create a custom, userfriendly website that aligns with your brand, from initial concept to launch. Whether it's a blog, events, coaching, spiritual, e-commerce site, or portfolio, your new site will be designed to engage visitors and drive results.

- Project Based On Hours
- \$400-\$1200 /total



WEBSITE UPDATES

Keep your website fresh with regular content updates, new images, and design tweaks. I'll make sure your site stays current and functional, helping you maintain a strong online presence.

- Project Based On Hours
- \$260-\$995 /total



WEBSITE MAINTENANCE

Ensure your site runs smoothly with regular updates, backups, and security checks. I'll keep everything secure and optimized, so you don't have to worry about performance or downtime.

- 3-6 Month Packages
- \$600-\$2,400 /total

After our meeting, I'll have a clearer understanding of the scope and can provide a more accurate investment estimate for this service in the propsal.



Specialties: Weekly Newsletter

more packages for my offer

KEEP YOUR AUDIENCE ENGAGED AND IN THE LOOP WITH BEAUTIFULLY CRAFTED NEWSLETTERS! WHETHER YOU NEED WEEKLY UPDATES, BI-WEEKLY CONNECTIONS, OR A ONCE-A-MONTH ROUNDUP, I'VE GOT FLEXIBLE OPTIONS TO SUIT YOUR NEEDS.

THIS IS A COLLABORATIVE, PROJECT-BASED SERVICE WHERE I'LL WORK WITH YOU TO ENSURE YOUR NEWSLETTERS ALIGN PERFECTLY WITH YOUR BRAND AND GOALS. AVAILABLE AS A STANDALONE SERVICE OR PAIRED WITH A RETAINER FOR ONGOING SUPPORT—YOUR CHOICE!



WEEKLY NEWSLETTER \$196 /MONTH

Perfect for businesses
looking to provide
consistent updates,
promotions, or valuable
content to their
audience. Includes 4
newsletters per month,
designed with
engaging copy, eyecatching visuals, and
strategic messaging
tailored to your brand.



BI-WEEKLY NEWSLETTER \$98 /MONTH

A great option for staying connected every other week. This includes 2 newsletters per month with well-crafted content that informs and nurtures your audience, featuring updates, tips, and news, all while maintaining brand consistency.



ONCE A MONTH NEWSLETTER \$48 /MONTH

Ideal for businesses
with a more occasional
newsletter schedule.
Includes 1
comprehensive
newsletter per month,
summarizing key
updates, upcoming
events, product
launches, and
promotions, designed
to capture attention
and drive engagement.

Specialties: Emails more packages for my offer

THESE SYSTEMS ARE GAME-CHANGERS ONCE THEY'RE SET UP AND RUNNING SMOOTHLY! THIS IS A COLLABORATIVE, PROJECT-BASED SERVICE WHERE YOUR INPUT ON THE DETAILS ENSURES WE CREATE EXACTLY WHAT YOU NEED.

CHOOSE FROM THREE TAILORED PACKAGES FOR EMAIL MARKETING AND SEQUENCES, DESIGNED TO FIT YOUR UNIQUE GOALS. WHETHER YOU NEED A STANDALONE SERVICE OR WANT TO PAIR IT WITH A RETAINER FOR ONGOING SUPPORT, I'VE GOT YOU COVERED!



9 EMAIL SEQUENCE PACKAGE \$425

On a certain topic pertaining to your business, I will create, write and set up an 9-email sequence/funnel. An automated system you can leverage! It comes with 3 edits.



12 EMAIL SEQUENCE PACKAGE \$885

On a certain topic pertaining to your business, I will create, write and set up a 12-email sequence/funnel. An automated system you can leverage! It comes with 5 edits.



5 EMAIL SEQUENCE PACKAGE \$225

On a certain topic pertaining to your business, I will create, write and set up a 5 email sequence/funnel. An automated system you can leverage! It comes with 3 edits.





FIRST

STED

We'll have a quick

Connection Call to make sure we're a good fit and then a Proposal will come your way.

You accept and a

Contract and Invoice will
be issued to you - sign
and pay and we're in
business!

NEXT

THING

You'll receive

correspondence with

the next steps and
depending on which
service you've booked
we will have an

Onboarding Call to
ensure I have all I need
and we are on the same
page for our time
together!

THEN

WF WORK

We embark on an epic working relationship!

You can put your feet
up and relax knowing
you're about to
handball some tasks to
free you up!!

Thank You!

I look forward to working with you!

FLY HIGH VIRTUALLY LLC

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Colorado

